



Information about the course

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 280103 **Name:** Perceptual Motor Skills

Credits: 6,00 ECTS **Year:** 1 **Semester:** 2

Module: 2) Obligatory Formation module

Subject Matter: Manifestations of human motor skills **Type:** Obligatoria

Branch of knowledge: Health Sciences

Department: -

Type of learning: Classroom-based learning

Language/-s in which it is given: Spanish

Teachers:

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Module organization

2) Obligatory Formation module

Subject Matter	ECTS	Subject	ECTS	Year/semester
Manifestations of human motor skills	18	Body Language	6	1/1
		Perceptual Motor Skills	6	1/2
		Physical Activity in Nature	6	2/2
Sports Fundamentals	42	Adapted Sport and Inclusive Physical Activity	6	2/2
		Adversary Sports	6	2/1
		Individual Sports	6	2/1
		Motor Learning and Development	6	1/1
		Native Sports and Games	6	1/2
		Team Sports	6	2/2
		Training Theory and Practice in PA	6	2/2



Learning outcomes

Al finalizar la asignatura, el estudiante deberá demostrar haber adquirido los siguientes resultados de aprendizaje:

R10 - Handle instruments and materials related to perceptual-motor skills.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Adapt the educational intervention to the individual characteristics and needs for the entire population and with emphasis on special populations such as: schoolchildren, older people (seniors), people with reduced mobility and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor), taking into account gender and diversity.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).

R11 - Adapt scheduled perceptual-motor skills sessions based on motor development level and individuality in an educational context.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Adapt the educational intervention to the individual characteristics and needs for the entire population and with emphasis on special populations such as: schoolchildren, older people (seniors), people with reduced mobility and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor), taking into account gender and diversity.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).



R12 - Identify, express, and reason about knowledge in the field of perceptual-motor skills

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Adapt the educational intervention to the individual characteristics and needs for the entire population and with emphasis on special populations such as: schoolchildren, older people (seniors), people with reduced mobility and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor), taking into account gender and diversity.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).

R13 - Decide and apply optimal learning strategies for different perceptual-motor skills, considering group characteristics

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Adapt the educational intervention to the individual characteristics and needs for the entire population and with emphasis on special populations such as: schoolchildren, older people (seniors), people with reduced mobility and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor), taking into account gender and diversity.
- Analyze, identify, diagnose, promote, guide and evaluate strategies, actions and activities that encourage adherence to an active lifestyle and the participation and regular and healthy practice of physical activity and sport and physical exercise in an adequate, efficient and safe by citizens with the purpose of improving their comprehensive health, well-being and quality of life, and with emphasis on special populations such as: older people (senior citizens), schoolchildren, people with disabilities and people with pathologies, health or assimilated problems (diagnosed and/or prescribed by a doctor) taking into account gender and diversity.



- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).

R9 - Design, implement, and evaluate perceptual-motor skills sessions in educational settings, considering diversity.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Adapt the educational intervention to the individual characteristics and needs for the entire population and with emphasis on special populations such as: schoolchildren, older people (seniors), people with reduced mobility and people with pathologies, health problems or assimilated (diagnosed and/or prescribed by a doctor), taking into account gender and diversity.

- Analyze, identify, diagnose, promote, guide and evaluate strategies, actions and activities that encourage adherence to an active lifestyle and the participation and regular and healthy practice of physical activity and sport and physical exercise in an adequate, efficient and safe by citizens with the purpose of improving their comprehensive health, well-being and quality of life, and with emphasis on special populations such as: older people (senior citizens), schoolchildren, people with disabilities and people with pathologies, health or assimilated problems (diagnosed and/or prescribed by a doctor) taking into account gender and diversity.

- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).



Assessment system

Modalidad presencial

Assessed learning outcomes	Granted percentage	Assessment tool
R10, R11, R12, R13	20,00%	Written and/or practical tests.
R10, R12	30,00%	Individual or Group Work / Project.
R9, R10, R11, R12, R13	30,00%	Diary, Portfolio or Notebook.
R10, R11, R12, R13	20,00%	Oral tests or presentation.

Observations

The student will be able to keep the assessment instruments passed for the 3 years following the first registration.

It is necessary to obtain 50% in all assessment instruments to pass the subject.

According to article 4.2. of the Guidelines for Assessment at the UCV, the limit of absences that may be due to eventualities (medical consultation, bureaucratic procedures...) that do not have to be justified, is 30%.

If the student does not meet any of these criteria, the student will be graded with a maximum of 4.5.

OTHER CLARIFICATIONS

Written and/or practical tests

Single final exam. Written part: Multiple choice test. Standard penalty system. If you do not have a grade of 5 out of 10, you will not be able to take the oral part (explained in the "Oral tests or



presentation" instrument).

Individual/group work/project

Completion and delivery of a field project that will be posted on the subject platform, on one of the topics of this. The project will be monitored both in class and in tutorials.

Oral tests or presentation

Oral part exam: 2-3 development questions.

Diary, Portfolio or Notebook

Students will hand in a weekly diary with the planning, analysis and evaluation of that session carried out by their group. In order to hand in said diary, attendance at said session will be mandatory. At most, you may NOT hand in 1 session. If the student has not met the minimum number of deliveries, he/she will fail both calls, and would have to make it up in the next registration by handing in the complete diary again.

*Standard penalty system

No options = No subtraction

2 options = 1 wrong subtracts 100%

3 options = 1 wrong subtracts 50%

4 options = 1 wrong subtracts 33.3%

5 options = 1 wrong subtracts 25%

6 options = 1 wrong subtracts 20%

The detailed explanation (procedure for the assignments) as well as the evaluation tools (sheets or rubrics) for each section will be posted on each group's platform at the student's disposal.

Actividades formativas

The methodologies to be used so that the students reach the expected learning outcomes will be the following:

- M1 Attendance at practices.
- M2 Resolution of problems and cases.
- M3 Discussion in small groups.
- M4 Practical laboratories.
- M5 Presentation of content by the teacher.



M6 Practical lesson.

M7 Group dynamics and activities.

IN-CLASS TRAINING ACTIVITIES

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom.	R10, R12	Presentation of content by the teacher.	24,00	0,96
PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity.	R9, R10, R11, R12, R13	Attendance at practices. Resolution of problems and cases. Discussion in small groups. Practical laboratories. Practical lesson. Group dynamics and activities.	20,00	0,80
EVALUATION: Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project.	R9, R10, R11, R12, R13	Resolution of problems and cases.	12,00	0,48



TUTORING: Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works.	R9, R10, R11, R12, R13	Resolution of problems and cases. Discussion in small groups.	4,00	0,16
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TOTAL			60,00	2,40
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TRAINING ACTIVITIES OF AUTONOMOUS WORK

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
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GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring.	R9, R10, R11, R12, R13	Resolution of problems and cases. Group dynamics and activities.	30,00	1,20
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SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces.	R9, R10, R11, R12, R13	Resolution of problems and cases.	60,00	2,40
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TOTAL			90,00	3,60
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Description of contents

Descripción de contenidos necesarios para la adquisición de los resultados de aprendizaje.

Theoretical content:

Block of content	Contents
Block 1. Characteristics of motor actions and resources for action.	Introduction to motor skills. Abilities, skills, abilities and tasks. Resources for action.
Block 2. The perceptual-motor capacities of adjusting movement to the possibilities and circumstances of one's own body and the environment.	The perceptual-motor capacities for adjusting movement to the possibilities and circumstances of one's own body: the body schema. The perceptual-motor capacities for adjusting movement to the possibilities and circumstances of the environment. The coordinative capacities
Block 3. Basic motor skills and abilities.	Basic motor skills and abilities.

Temporary organization of learning:

Block of content	Sessions	Hours
Block 1. Characteristics of motor actions and resources for action.	9	18,00
Block 2. The perceptual-motor capacities of adjusting movement to the possibilities and circumstances of one's own body and the environment.	13	26,00
Block 3. Basic motor skills and abilities.	8	16,00



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