



## Information about the subject

**Degree:** Bachelor of Science Degree in Occupational Therapy

**Faculty:** Faculty of Psychology

**Code:** 1124002 **Name:** Occupational Therapy in Geriatrics

**Credits:** 6,00 **ECTS Year:** 4 **Semester:** 2

**Module:** OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

**Subject Matter:** Areas of Intervention in Occupational Therapy **Type:** Compulsory

**Field of knowledge:** Health Sciences

**Department:** -

**Type of learning:** Classroom-based learning

**Languages in which it is taught:** Spanish

**Lecturer/-s:**

1124      Jose Manuel Agullo Cantos (**Responsible Lecturer**)      jm.agullo@ucv.es



## Module organization

### OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter	ECTS	Subject	ECTS	Year/semester
General Occupational Therapy	18,00	Activities of daily living	6,00	2/1
		History and Theory of Occupational Therapy	6,00	1/1
		Occupational science and Occupational Therapy fundamentals	6,00	1/2
Areas of Intervention in Occupational Therapy	42,00	Community Occupational Therapy	6,00	3/1
		Functional rehabilitation in physical disability	6,00	3/1
		Occupational Therapy in early care and the educational field	6,00	2/2
		Occupational Therapy in Geriatrics	6,00	4/2
		Occupational Therapy in intellectual disability	6,00	2/2
		Occupational Therapy in Mental Health	6,00	3/2
		Occupational Therapy in physical and sensory disabilities	6,00	3/2



## Recommended knowledge

Not need.

## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 To understand the multi-causal nature of the presence of occupational deficits in the elderly and to reflect on the importance of promoting autonomy and preventing dependency in these people.
- R2 To know and apply the theories, theoretical frameworks and conceptual and practical models most frequently used today in the field of geriatrics.
- R3 To understand and apply the methodological principles for occupational assessment, planning, implementation of individual and group interventions and treatments, and evaluation of the results of these, and of older people.
- R4 To know the different levels of geriatric care in which the occupational therapist applies the knowledge associated with the organization and management.



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL	Weighting			
	1	2	3	4
CG4 To recognise one's own limitations and the need to maintain and keep up to date one's professional competence, focusing specially on the importance of autonomous learning of knowledge and techniques and the desire for quality.			X	
CG5 To know, value critically and use the sources of information in order to obtain, organise, interpret and communicate the scientific, sanitary, socio-sanitary and information, preserving the confidentiality of the data.			X	
CG6 To understand the conceptual foundations of the occupational nature of the human being and the carrying out of his occupations throughout the cycle of life.			X	
CG10 To evaluate and adapt the environment to promote participation in meaningful occupations -in the different facets of every day life-, personal autonomy and the quality of life			X	
CG14 To know, select and apply the appropriate theories, the theoretical frameworks for reference, the models and methods of Occupational Therapy practice to choose or re-establish meaningful occupation, according to the health needs of individuals/populations (promotion of health, prevention and treatment).				X
SPECIFIC	Weighting			
	1	2	3	4
CE35 To know, design and apply the different modalities and general intervention procedures in Occupational Therapy in its reference frameworks, evaluating their effectiveness in a cooperative working environment.			X	



CE37	To know, understand and apply the fundamentals of personal autonomy in everyday life activities with and without adaptations and/or technical help in the life cycle.			X
CE38	To analyse occupation in Occupational Therapy and its therapeutic use in the cycle of life.			X
CE48	To use ethical and professional reasoning in an efficient way through the process of Occupational Therapy.	X		
CE49	To use the therapeutic potential of occupation through the analysis and synthesis of occupation and activity.			X



## Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4	50,00%	Written tests: Summative and final theoretical-practical test (open questions, objective test questions, truncated test, etc.) Preparation of field work memoranda, practical case solutions, single cases.
R1, R2, R3, R4	30,00%	Presentation of group and individual works.
R1, R2, R3, R4	20,00%	Individual monitoring of attendance at face-to-face sessions and active participation in theoretical and practical classes, seminars and tutorials.

### Observations

#### Testing and evaluation:

The continuous assessment of the subject will be accomplished through group/individual participative activities with reflexive dynamics about case studies, news articles, methodologies and actions implemented in the geriatric field.

The final assessment will consist of a written test that will combine objective test, essay and short questions, all of them inside the same exam model.

**Note:** In order to pass the course, the student must pass each of the evaluation criteria separately.

The official exam dates will be set by the Faculty Dean's Team according to the periods established in the academic calendar. For MODIFICATIONS OF DATES OF EXAMS consult the reasons that justify such modifications and the procedure in article 12 of the Examination Regulations. <https://www.ucv.es/Portals/0/documentos/normativa/20170526144309926.pdf>  
A minimum of 50% of the attendance is required for the course grade to be computed. The attendance will be controlled through the VIRTUAL CAMPUS, only, at the beginning of each lesson. Absences must be justified by means of an official document.

#### Criteria to grant the honorific mention:

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single



"Matrícula de Honor" (Honours with 9 Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong.

The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible.

- The honorific mention will be granted to the student who obtains a grade higher than 9 in the first call.

- Attendance to classroom sessions, active participation and involvement in the theoretical and practical classes, as well as in the rest of the training activities by the student, candidate to receive the mention of honor, must reach the levels of excellence.

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 ON-CAMPUS CLASS
- M2 PRACTICAL CLASSES
- M3 SEMINAR
- M4 GROUP PRESENTATION OF PAPERS



- M5 OFFICE ASSISTANCE
- M6 ASSESSMENT
- M7 GROUP WORK
- M8 INDEPENDENT WORK







## IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS: Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3, R4	29,00	1,16
PRACTICAL CLASSES: Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R3, R4	10,00	0,40
SEMINAR: Supervised monographic sessions with shared participation M3	R2, R3	7,50	0,30
GROUP PRESENTATION OF PAPERS: Application of multidisciplinary knowledge M4	R4	7,50	0,30
OFFICE ASSISTANCE: Personalized and small group attention. Period of instruction and /or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, eadings, papers, etc. M5	R2, R3, R4	3,00	0,12
ASSESSMENT: Set of oral and/or written tests used in initial, formative or additive assessment of the student M6	R1, R2, R3, R4	3,00	0,12
<b>TOTAL</b>		<b>60,00</b>	<b>2,40</b>



## LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
<p>GROUP WORK: Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform ( <a href="http://www.plataforma.ucv.es">www.plataforma.ucv.es</a> )</p> <p>M7</p>	R3, R4	40,00	1,60
<p>INDEPENDENT WORK: Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform ( <a href="http://www.plataforma.ucv.es">www.plataforma.ucv.es</a> )</p> <p>M8</p>	R1, R2, R3, R4	50,00	2,00
<b>TOTAL</b>		<b>90,00</b>	<b>3,60</b>



## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

### Theoretical contents:

Content block	Contents
SECTION I: Evolution and conceptual foundations of occupational therapy in the elderly.	Theoretical foundation of occupational therapy in geriatrics and the occupation perspective in old age.
SECTION II: Occupational areas and practical applications.	Devoted to the study of Occupational Therapy intervention in the main geriatric syndromes, from the configuration of different occupational areas.
SECTION III: Occupational Therapy Intervention in geriatric assistance levels.	It is focused on the geriatric levels of care and the differential characteristics of occupational therapy Intervention.

### Temporary organization of learning:

Block of content	Number of sessions	Hours
SECTION I: Evolution and conceptual foundations of occupational therapy in the elderly.	7,00	14,00
SECTION II: Occupational areas and practical applications.	15,00	30,00
SECTION III: Occupational Therapy Intervention in geriatric assistance levels.	8,00	16,00



## References

### BASIC BIBLIOGRAPHY

Abizanda P y Rodríguez L. Tratado de Medicina Geriátrica: Fundamentos de la atención sanitaria a los mayores. Barcelona, España: Elsevier, 2020.

Valero E y Rico JI. **Terapia Ocupacional: Nuevos retos en Geriatría y Gerontología**. Murcia, España: Morphos, 2015.

Durante P y Pedro P. Terapia ocupacional en geriatría: Principios y práctica. Barcelona, España: Elsevier Masson, 2010.

Rodríguez P. La Atención Integral Centrada en la Persona. Madrid, España: Fundación Pílares Madrid, 2013.

### COMPLEMENTARY BIBLIOGRAPHY

Carreño-Acebo ME, Cañarte-Mero SB y Delgado-Bravo WM. El terapeuta ocupacional y su rol con pacientes geriátricos. Dominio de las Ciencias; 2016, 2(4), 60-71.

Darraz SB, González-Roldán AM, de María J y Montoro-Aguilar CI. Impacto del ejercicio físico en variables relacionadas con el bienestar emocional y funcional en adultos mayores. Revista Española de Geriatría y Gerontología, 2021, 56(3), 136-143.

Matilla R. Mora. 57 Congreso de la Sociedad Española de Geriatría y Gerontología; 2015 junio 3-5.

Menéndez-Colino R, Argentina F, de Miguel AM, Marqués MB, Jiménez B C, Poblete CF, Alarcón T, Martínez FJ y González-Montalvo JI. La Geriatría de Enlace con residencias en la época de la COVID-19. Un nuevo modelo de coordinación que ha llegado para quedarse. Revista Española de Geriatría y Gerontología, 2021, 56(3), 157-165.

Montaner X, Tárrega S y Moix J. Flexibilidad psicológica, burnout y satisfacción vital en profesionales que trabajan con personas afectadas de demencia. Revista Española de Geriatría y Gerontología, 2021, 56(3), 144-151.

Petretto DR, Pili R, Gaviano L, López CM y Zuddas C. Envejecimiento activo y de éxito o saludable: una breve historia de modelos conceptuales. Revista Española de Geriatría y Gerontología, 2016, 51(4), 229-241.

Sierra TP, Martín IB, Solís JR, Goitiandia LB, de Suso MTG, Sanz MM y Calvo MH. Factores determinantes de estancia hospitalaria, mortalidad y evolución funcional tras cirugía por fractura de cadera en el anciano. Revista Española de Cirugía Ortopédica Y Traumatología, 2017, 61(6), 427-435.

Suarez Diaz ME, Navarro Almeida YD, Marrero R, Garcia Almeida SP, Aleman Rodriguez JF, Aguiar Rodríguez JF y Lopez P. Promoción del envejecimiento activo desde la experiencia de un centro de salud trabajando comunitariamente en red. Proyecto Agaete Se Mueve. Revista Española de Geriatría y Gerontología, 2018, 53, 178-179.

Velázquez L. Un enfoque filosófico de la vejez y algunas consideraciones bioéticas. Bioethics Update, 2020, 6(1), 46-61.

Elliott S. An Occupational Therapist's Guide to Home Modification Practice. British Journal of



Occupational Therapy. 2012; 75(5), 253-254.

## WEB

Centro de Referencia Estatal de Autonomía Personal y Ayudas Técnicas: [www.ceapat.org](http://www.ceapat.org)

Portal Mayores: <http://envejecimiento.csic.es/general/index.html>

Sociedad Española de Geriátrica: <http://www.segg.es>